



May Mayor's Book Club for Kids Art Activity with the Gibbes

Fruity Animal Toast!

Inspired by *Grow! Raise! Catch!: How We Get our Food* by Shelley Rotner, we're going to make art with our food. Whether you pick your own berries in town or gather your yummy supplies at the grocery store, this is a fun activity for a snack or meal.

NOTE: You will need an adult's help to cut the fruit before you get started. A sharp knife will help with the cutting and make it easier.

Supplies:

- Bread, toasted (can be any kind or shape of break that you have. No break? Try crackers for a mini masterpiece)
- Spread, creamy peanut butter, SunButter (if allergic to nuts), or cream cheese
- Fruit, strawberries, apples, blueberries, banana
- Cereal, toasted oat cereal or other shape and colors
- Slivered almonds, for details, but totally find to leave this off
- Adult (to cut the fruit!), sharp knife, and cutting board
- Butter knife for the spread



Step 1: Wash all fruit. Have an adult cut the fruit using a sharp knife and cutting board.

-Bananas: cut into rounds, can also cut into strips

-Apples: turn the apple on it's side and cut it that way to create large, round slices (owl body). (Be sure to punch out any seeds, but notice the lovely star shape.); Take these round slices and cut in half for half-rounds (owl wings), or into thin strips (cat whiskers)

-Strawberries: Try cutting them two different ways. Cut some into rounds (owl eyes), and then cut it longways to get triangle shapes (cat ears)

Step 2: To Build a Fish (or owl, or cat, or any animal)

Put a nice layer of spread on your toast. This is our glue and foundation, so don't be shy.



Step 3:

Make a few rows of "scales" using the cut strawberries. You can overlap (add a little more "glue" if needed), or not.



To get a fish body shape, try to arrange the “scales” in a triangle.



Step 4:

For a tail, fin, and head, take a banana slice and break it into pieces. For an eye, add a little more peanut butter to a blueberry and “glue” it to the banana face.

Banana Face with Blueberry eye

Banana Fin



Banana Tail

Step 5:

Add some bubbles with toasted oat cereal!



Step 6:

Take a bite!

Instructions for Owl:

1. Spread peanut butter (or spread of choice) on bread
2. Add an apple slice in the middle for his belly
3. Have an adult cut an apple slice in half to make two wings (it's OK if they stick off the bread)
4. Add two strawberry rounds for his eyes
5. Put some "glue" on two blueberries and add them in the center of the strawberries
6. Add a slivered almost piece (or peanut, or cereal) for a beak
7. Add two cereal rounds for his feet
8. Enjoy!

Instructions for Cat:

1. Spread peanut butter (or spread of choice) on bread in a circle (not on the whole bread. This will create his face shape)
2. Use 2 blueberries for his eyes
3. Use the end of a strawberry for his nose
4. Use two strawberry slices (like the fish scales) for his ears
5. Add a half round of banana for his mouth
6. Add thin slices of apple for his whiskers
7. Enjoy!

Imagine what other animals you could create using these same fruits. Want to make some savory snacks? Use hummus (or peanut butter) as your "glue" and use carrot rounds, cucumber slices, olives, radishes, and other veggies to make your animal art.